

National Institute of Open Schooling
Senior Secondary
Lesson 11 – Development: Its nature
Worksheet-11

1. Reflect upon any three of your abilities and describe how they changed through different stages of life.
2. Shaqib's mother said that he is growing up very fast as he asks a lot of questions, walks faster, eats on his own. Based on the given example, elucidate upon the nature of development.
3. Compare the difference between maturation and learning. Support your answer with appropriate examples.
4. Visit a community health center in your locality and collect the data regarding physical development of children from birth to two years maintained by the community health center. Prepare a brief report based on collected data and plot it on a graph.
5. Based on the prepared graph (refer question no. 4), comment upon the developmental pattern of the children in that sample.
6. No matter which part of the world we are in, the development of an individual follows certain principles. Enlist and explain all the principles of development.
7. In your opinion, how does the knowledge of developmental principles be of help to us? Justify your answer.
8. Enlist different approaches to study development and identify one example of each from day-to-day life.